**A SPELL FOR BINDING ALL-MALE CONFERENCE PANELS**

\*This spell could also be adjusted to bind the tongues of those sprouting hate speech while simultaneously claiming they are unable to speak\*

*YOU WILL NEED*

 Myrrh

A small piece of moss

A piece of red felt

Black thread

A large empty jar with a lid or a Tupperware container

Scissors

Printouts of papers written by the men on the conference panel, preferably ones that only cite white men – you could also put these papers on a memory stick.

You might also want some rose or clear quartz to focus your energy and banish masculine authority

**This spell should be spoken in a dark or full moon phase, and if possible on a Saturday**

Ideally this spell should be performed in the lecture theater or conference venue where the all male panel will be hosted. If not, any sacred space will work and make sure to consecrate all items for protection.

Light the myrrh.

Make a tongue out of the felt. Cut out the shape of the tongue. Write the name of the men who will be speaking on the all male panel onto your tongue with black marker. Take the printouts of their papers or the memory stick and place it in the center of the tongue. Then roll the tongue up around the papers/memory stick and take your black thread and start to sew the tongue bundle closed.

As you sew the tongue closed say:

*I tie your tongues, your all male ones*

*From reproducing only masculine knowledge as truth*

When you’ve finished, cut the thread and say:

*I push the institution away from you*

*Whatever white men you’ve cited now blighted from speech and curricula*

Put the tongue in the jar or container with a piece of moss on top of it and say:

*Aradia please protect us from this person’s all male futurity*

*Send back their negative energy*

Keep the jar in a safe place. When there is another all male conference panel open the jar and repeat the words of the spell, adding conference papers of this new panel.

\* Note: this spell will not stop the speakers from speaking *at all,* only (perhaps) at this particular conference and/or from citing more men.\*